

Football Development . Today & Tomorrow







19 -23 November 2011 Turkey – Antalya - Lara



# **AEFCA Symposium Introduction**

#### Presenters:

Josef Venglos (President, AEFCA)
Karlheinz Raviol (General Secretary, AEFCA)

- Spread coaching development among all levels
- Solidarity & friendship necessary; 32 yrs of changing opinions
- 135 people from 50 countries; 45 federations / associations
- Focal point is EURO Championship
- Barcalona is reference point; analyze different aspects of football

# **UEFA U-21 Championship Analysis**

#### Presenter:

Peter Rudbaek (Tech. Dir. – Danish FA)

- 8 teams; tough to see trends w/ few teams
- Danish FA provided licensing program w/ games
- Summary:
  - More goals from open play → train & coach crosses
  - Fast breaks wanted to be stopped → 2 screening M/F
  - Players have "quick feet"; very offensive and able to play under pressure
  - Asymmetric → vary who playing on each side (R footed playing on L side)
  - When down, teams changed system, but not style
  - GK very good feet; 4 saves in a match but touch ball over 100x
  - Best players NOT playing at U-21 since already w/ national Sr. Team
  - Transition is key
    - what to do when do NOT have ball
    - what to do when HAVE ball
    - how quick? How heated? When do we do what? What are we trying to achieve as a team?
  - Good or bad decision (NOT good or bad pass)
  - Age related training (Danish FA produced manual in English)



# "System change, but not style" example Nov. 2010 "El Classico"

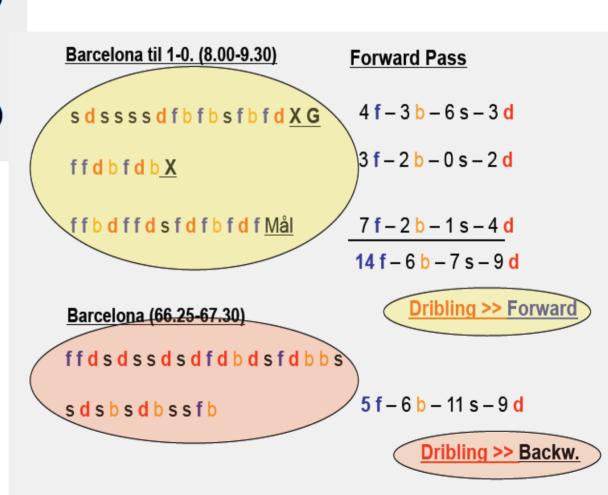
#### Barcelona - Real Madrid (1)

8.00-9.30

0 – 0 score (preceding Barca's 1<sup>st</sup> goal by Xavi)

#### Barcelona – Real Madrid (2)

66.25-67.30 4 – 0 score



# The Barça Benchmark

#### Presenter:

Andy Roxburgh (UEFA Tech. Dir.)

- Where are we today and how did we get there?
- Barça playing style has become a reference point
- Grind opponent w/ passing moves
- All players have technique and ability to manipulate ball
- Win back ball quickly; lose it, a lot of effort to get it back
- Positive play & responsibility of the players
- How?
  - Youth development
    - 13 of 18 players in UEFA CL Final from Academy "La Masia"
  - Awareness & decision making
    - Positivity
    - Humble (ALL players receive same car, no-one w/ big head)



# The Barça Benchmark

- Shape matters hide weakness, but needs order & discipline
- Passing top 16 teams 22% more passes per game than those eliminated;
   focus on med./short passing; 1<sup>st</sup> touch most important
- Defensive play concentration; pressing in attacking 1/3; attack w/ & w/out ball
- Transition exploit space; quick offensive movement; efficient
- Counter the counters
- Main striker create opportunities
- Static situations (set plays) what makes great player is obsessive practice & deliberate practice (i.e. Relates to specific part of the game)
- Soloist key to the door; successful teams have goal scoring options
- Aware of trends, don't need to copy, but develop own
- Action counts, cannot just talk about it

# The Barça Benchmark

### Profile of successful coach

- Credibility (create & have)
- Openness
- Extend talent / handle famous players
- Persistence
- Inspirational
- Value players
- Leadership
- Positional power (personal power & persuade)
- Friendly & respectful
- Creativity
- COACH, MANAGER, LEADER (difference between the three)
- "At top level, coaches' leadership qualities often can make the difference" (AR)

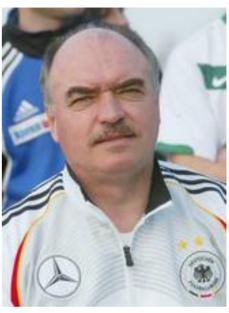


# Defending Dead-ball situations

#### **Presenter:**

Jorg Daniel (German FA – Talent & Dev. / GK)

- Dead-ball situation corner kicks; free kicks
  - Important to defend properly
- Zonal defending everyone run towards ball
- Defending FK run towards ball
- Very little creativity in defence, but if able to organize correctly, can prevent goal scoring opportunities
- Motivate players to try something new; new strategies



## Debate – Future of Football

#### **Moderators:**

Andy Roxburgh (UEFA Tech. Dir.)
Peter Rudbaek (Tech. Dir. – Danish FA)
Metin Turel (Former HC – Turkey)

- Good players read, anticipate next steps in game
- Trainers must do the same thing; look at trends & coach next steps
- Pressure from fans & media (eg. RM playing at 12 noon so that game can be seen live in China)
- Control expectations cannot win EVERY match
- Need professional game, but also grassroots structure
- Club must decide what is "success"
  - Provide players to national team
  - Avoid relegation
  - Promote players for sale
  - Emphasis of grassroots

## Debate – Future of Football

- Media / Technology
- Use technology; not be afraid BUT not a slave to it
  - Data tracking (Prozone)
  - Twitter media getting hold of msgs
  - Sound bites immed. After game
- Coaches / Ref / Medical Staf
  - How improve all 3? EDUCATION
- Players
  - Individual Financial Enterprises
  - More selfish, but more fragile (have people do everything for them)
  - Have football athleticism, but technique can cover lack in physical abilities
  - Cannot lose late mature players
  - Players do not need to run quickly, but think quickly
  - Sports psychology very important to improve players

## U-17 & U-20 WC Analysis

#### **Presenter:**

Willi Ruttensteiner (FIFA Tech. Com. & Tech. Dir. Austria)

- met & discussed U-17 WC w/ Uruguay U-17HC, Fabian Coito



- Artificial vs. natural grass no difference to top teams
- Age important (very close to maximum age cut off)
- Coaches discipline philosophy at youngest ages
- Players' strengths passing, no panic, confidence
- M/F formation was main difference between teams
- U-20 WC some players not available due to commitment to Sr. National team
- Defending pressing in attack, in M/F, in wingers
- Passes defence splitting
- ½ of all goals scored in penalty area

# 2011 Women's WC Analysis

#### **Presenter:**

Vera Pauw (FIFA Tech. Com. & Tech. Dir. Russia Women)



- Play making strategies long-ball teams eliminated
- Pressing as a team block "hunting for the ball"
- Main difference between teams was in attacking sudden change in tempo, flexibility in positioning in build-up
- Look for space behind defensive line, not in M/F
- Team shape very important all players covering for each other, never out of balance

## How to enjoy the moment

## Presenter:

Pia Sundhage (US Women HC)



- It's a privilege to play under pressure
- It's about the journey.... Interest, joy and have courage to be patient
- Passion for soccer is contagious
- Coaches body language, how interact w/ team v. Important
- Make a change that makes a difference
- Trust people working with, but pay attention to what they do....
   Allow them to grow
- Let people shine in different ways

# How to enjoy the moment

- Emphasize positive environment; creating great environment allows us to perform
- Body language is contagious
- Instead of correcting mistakes, coach the good things that happen...coach when it works
- Coach by inspiration, not by fear
- Players solve the problem, coach provide the tools to help solve
- Coach can decide how to react; has the control
- It takes 7 positive things to overcome 1 negative thing
- Slow down & enjoy the moment!!

## **AEFCA Presentations**

- Powerpoint slides can be found on AEFCA website
- http://www.aefca.eu/en/node/380

- From previous years & symposia
- http://www.aefca.eu/en/coaches-training-aid